

Provisional Results for All Competitors in finish order.

Sunday 10 May 2009. 10:00 am

Place	Time	Name	Team	Cat2	EntrantNo
1	2:38:31	SMALLS, ALLEN	COLCHESTER HARRIERS AC	M40	506
2	2:40:05	CHANDLER, GARY	SPRINGFIELD STRIDERS	M40	279
3	2:46:59	KETTERIDGE, Sean	COLCHESTER HARRIERS AC	M40	571
4	2:49:04	SELLENS, CHRIS	COLCHESTER HARRIERS AC	M OPEN	366
5	2:52:27	BENTLEY, ROB	WESSEX ROAD RUNNERS	M40	463
6	2:52:35	WATKINSON, RICHARD		M OPEN	359
7	2:54:05	HELLIWELL, PAUL	COLCHESTER HARRIERS AC	M40	429
8	2:56:15	ADDISON, JIM	BECKENHAM RUNNING CLUB	M OPEN	292
9	2:57:35	WARTNABY, CHARLES		M OPEN	383
10	3:00:57	DEASY, MARGARET	COLCHESTER & TENDERING	F45	484
11	3:01:42	KEARTON, ANDREW	COLCHESTER HARRIERS AC	M OPEN	503
12	3:01:56	MACK, DARREN	EAST ESSEX TRIATHLON CLUB	M OPEN	440
13	3:02:49	WIGGINS, Michael		M OPEN	590
14	3:02:50	JAKOBSSON, OSKAR	ARBAEJARKOKK	M OPEN	267
15	3:03:01	MACMILLEN, ALEXANDER	COLCHESTER HARRIERS AC	M40	162
16	3:03:47	MUNRO, PHILLIP	COLCHESTER HARRIERS AC	M OPEN	380
17	3:03:54	PROSSER, Paul	BRIGHTON AND HOVE CITY AC	M40	554
18	3:05:00	TURNER, MARK		M40	325
19	3:05:04	ROSS, DAVID	COLLINGWOOD AC	M40	174
20	3:05:23	MORRIS, ANDREW	BENFLEET RUNNING CLUB	M50	316
21	3:09:19	GODDEN, IAN	DEAL TRI	M50	528
22	3:09:28	JEWSON, ERNIE	BENFLEET RUNNING CLUB	M50	298
23	3:09:49	SIGURJONSSON, HAVAR	ARBAEJARKOKK	M50	266
24	3:09:52	CAPETTI, Giacomo	CAMBRIDGE & COLERIDGE AC	M40	562
25	3:10:32	WRIGHT, DAVID	SAAD TRACK CLUB (SAUDI ARABIA)	M OPEN	538
26	3:10:59	MASSON, KIM	CAMBRIDGE & COLERIDGE AC	F45	531
27	3:11:28	SKERRATT, CLARK	BIGGLESWADE AC	M55	521
28	3:12:29	DESBOROUGH, STEVE	BENFLEET RUNNING CLUB	M40	447
29	3:12:54	JESSON, MAREE	NORTHAMPTON ROAD RUNNERS WOODFORD GREEN WITH ESSEX	F35	526
30	3:13:29	MURRAY, STEPHEN	LADIES	M45	46
31	3:13:46	LANE, MATT	ANDOVER AC	M40	29
32	3:13:55	MORGAN, JON	DRIFFIELD STRIDERS	M40	514
33	3:16:09	RICHARDSON, STEPHEN		M OPEN	462
34	3:17:20	KELLY, PETER	SPITFIRE RC	M OPEN	333
35	3:17:24	SMITH, JAMES		M OPEN	320
36	3:17:30	STALLEY, ANDREW	COLLINGWOOD AC	M40	310
37	3:17:55	ADAMS, Jeffrey		M50	586
38	3:18:46	BUCK, ANDREW	SUDBURY JOGGERS	M40	511
39	3:18:46	MOLONY, DAVID		M40	543
40	3:19:32	COONEY, STEPHEN	COLLINGWOOD AC	M OPEN	275
41	3:20:14	STEADMAN, PETER	53-12 ALLSPORTS	M40	236
42	3:20:29	NELSON, KIT	DEAL TRI	M40	537
43	3:20:56	SHARMAN, IAN	SERPENTINE RC	M OPEN	156
44	3:21:01	WRIGHT, OLLY	RIVERSIDE RUNNERS - ST NEOTS BUNGAY BLACK DOG RUNNING	M OPEN	474
45	3:21:22	CHORLEY, CHRIS	CLUB	M45	37
46	3:21:23	CHESTNEY, JON	GARDEN CITY RUNNERS	M45	529
47	3:21:28	HOBBS, Charles	WESTBURY HARRIERS	M OPEN	557
48	3:22:35	SQUIRE, ALAN	HORSFORTH HARRIERS	M40	441
49	3:22:51	DUGDALE, HOWARD		M OPEN	251
50	3:22:53	CIENTANNI, Mario	GRAVESEND RR	M45	553

51	3:23:34	SUTTON, JULIE	BIGGLESWADE AC	F OPEN	125
52	3:24:04	PEACE, IMOGEN		F OPEN	338
53	3:24:19	CAMPBELL, ALASDAIR		M OPEN	139
54	3:24:44	MILES, JACK		M OPEN	351
55	3:24:46	THOMPSON, ANDREW		M OPEN	324
56	3:24:52	CATMULL, JULIAN	SPRINGFIELD STRIDERS	M45	481
57	3:25:11	BYFORD, JON	SPRINGFIELD STRIDERS	M OPEN	309
58	3:25:14	HOWES, BILL	ROAD RUNNERS CLUB	M60	355
59	3:25:41	HONEYWOOD, PHILIP		M40	235
60	3:26:05	TOUSSENEL, STEPHANE	SAFFRON STRIDERS	M OPEN	518
61	3:26:20	KERR, CLARE	WARE JOGGERS	F45	544
62	3:26:25	LAWTON, Steven		M OPEN	598
63	3:26:27	MCCORQUODALE, BECKY	HARWICH RUNNERS	F35	90
64	3:26:31	GREHAN, MICHAEL	DUNSTABLE ROAD RUNNERS	M40	100
65	3:27:03	CAVELL, GARETH	VAC	M40	97
66	3:27:31	BOONE, TIM	ROAD RUNNERS CLUB	M50	304
67	3:27:43	BRATT, STEVEN	WINCHESTER HIGHLANDERS	M50	520
68	3:27:53	STACK, PETER	DUNSTABLE ROAD RUNNERS	M45	248
69	3:28:03	COWCHER, PAUL		M OPEN	293
70	3:28:26	SMITH, SIMON	ABINGDON AMBLERS	M45	497
71	3:28:41	POLLOCK, LEE	EPSOM AND EWELL HRRRIERS	M40	482
72	3:28:52	CANAVAN, Cliff		M OPEN	570
73	3:29:10	JEFFORD, Mark	ROAD RUNNERS CLUB	M40	583
74	3:29:18	THOMSON, ANDREW JAMES	HAVERING 90 JOGGERS	M OPEN	272
75	3:29:23	BEAZELEY, CHRIS	SPRINGFIELD STRIDERS	M40	15
76	3:29:24	MILLS, KATE	SPRINGFIELD STRIDERS	F35	404
77	3:29:41	THOMPSON, DAVID	BILLERICAY STRIDERS	M45	454
78	3:30:39	HALL, JONATHAN		M OPEN	109
79	3:30:59	PAGE, Ed	53-12 MULTISPORTS	M OPEN	581
80	3:31:10	KOEHLER, KARSTEN		M OPEN	457
81	3:31:16	COWAN, ALAN	ISTEAD & IFIELD HARRIERS	M50	1009
82	3:31:45	EDWARDS, David Alan	HAVERHILL RUNNING CLUB	M50	575
83	3:32:26	MCCRONE, PAUL	KENT AC	M40	261
84	3:32:40	MAHONEY, JIM		M45	138
85	3:32:50	CAUSEY, MARK	HAVERHILL RUNNING CLUB	M45	363
86	3:32:53	BARLTROP, VERNE	100 MARATHON CLUB	M60	393
87	3:33:19	MASLEN, DAVID	TRI ANGLIA	M45	352
88	3:33:39	STATHAM, MALCOLM	COLCHESTER HARRIERS AC	M OPEN	199
			GRANGE FARM & DUNMOW		
89	3:34:20	HULL, TINA	RUNNERS	F45	249
90	3:35:18	CRANE, Bill	DUNSTABLE ROAD RUNNERS	M55	578
91	3:35:24	LAWRENCE, MARTIN	HAVERHILL RUNNING CLUB	M45	253
92	3:35:45	PRICE, MICHAEL		M40	327
93	3:36:15	HOLMES, ADAM	100 MARATHON CLUB	M50	443
94	3:36:34	WEBER, MARK	LARKFIELD AC	M45	329
95	3:36:42	PARIS, Panther		M OPEN	597
96	3:36:43	DUNSTAN, MATTHEW		M OPEN	420
97	3:37:04	HOLLAND, JONATHAN		M40	167
98	3:37:13	WADE, GARY	HOLMFIRTH HARRIERS	M50	296
99	3:37:23	JOSLIN, GARY	SPRINGFIELD STRIDERS	M40	223
100	3:37:57	HALL, Will	TRI ANGLIA	M OPEN	548
101	3:38:15	EDMUNDS, PETER		M45	464
102	3:38:16	MACKENZIE, NICK		M OPEN	508
103	3:38:59	MCCUSKER, EAMONN	RYSTON RUNNERS	M55	448
104	3:39:08	SAGGERS, STUART		M OPEN	225
105	3:39:37	HOBBS, HADRIAN		M OPEN	368
106	3:39:50	GOLDEN, Peter		M40	605
107	3:39:52	DAWKINS, Steven		M OPEN	602
108	3:39:53	HIBBINS, ANDY	BENFLEET RUNNING CLUB	M OPEN	259
109	3:40:07	CHEUNG, FU-LOK	SANDWELL VALLEY RC	M OPEN	349

110	3:40:20 THOMPSON, GAVIN		M OPEN	303
111	3:40:22 HARVEY, TIM		M OPEN	468
112	3:40:28 LEES, FRASER	TRENT PARK RUNNING CLUB	M OPEN	525
113	3:41:00 SWARBRICK, ROY		M45	192
114	3:41:16 BREWER, JULIAN		M40	222
115	3:41:28 WHITE, PAMELA		F50	297
116	3:41:42 RAMSAY, IAN		M40	477
117	3:41:43 CARVELL, JAMES		M OPEN	350
118	3:41:46 OSEEN, TREVOR		M OPEN	397
119	3:41:48 STEADMAN, VICKY	HARLOW RUNNING CLUB	F OPEN	469
120	3:41:49 MCCONVILLE, CAHAL	DUNSTABLE ROAD RUNNERS	M40	5
121	3:42:19 STANTON, MATTHEW	RETFORD RUNNING CLUB	M OPEN	445
122	3:42:35 ASPDEN, Antony		M OPEN	560
123	3:44:10 MORRIS, SIMON		M OPEN	471
124	3:44:35 GOLDING, PETER		M OPEN	270
125	3:44:35 ELSON, JAMES	TRA	M OPEN	274
126	3:44:40 GIBBINS, DEBORAH	BENFLEET RUNNING CLUB	F45	523
127	3:45:03 HALE, LISA	SANDHURST JOGGERS	F OPEN	215
128	3:45:04 BLANCHARD, MARK	WARE JOGGERS	M55	287
129	3:45:04 GRACE, COLIN	WARE JOGGERS	M45	276
130	3:45:27 MCINERNEY, PAUL	BENFLEET RUNNING CLUB	M45	362
131	3:46:00 VINNICOMBE, MALCOLM	GARSTANG RC	M60	343
132	3:46:08 CRESSWELL, TOM	SUDBURY JOGGERS	M OPEN	533
133	3:46:26 GOLDING, ANDREW	BISHOPS STORTFORD RUNNING CLUB	M40	89
134	3:46:45 RODGER, Andy		M40	555
135	3:46:49 AKOMAH, Angela		F40	596
136	3:46:54 HASTINGS, BARRY		M40	191
137	3:47:03 MCMASTERS, DAVID		M40	154
138	3:47:45 RUMBLES, ALLAN	COLLINGWOOD AC	M40	39
139	3:48:57 COOK, ANDREW		M OPEN	128
140	3:48:58 NICHOL, JOHN	BISHOPS STORTFORD RUNNING CLUB	M OPEN	277
141	3:48:59 FORSYTHE, Alex		M OPEN	561
142	3:49:02 SAMARASINGHE, Roshan		M OPEN	577
143	3:49:19 SMITH, DAVID	WITHAM RUNNING CLUB	M50	95
144	3:49:20 NORRIS, PAUL		M OPEN	202
145	3:49:26 HOLLOWAY, JULIE		F OPEN	438
146	3:49:28 AMOS, PETER	ORPINGTON ROAD RUNNERS	M45	264
147	3:49:34 MAINARD, JO		F40	326
148	3:49:35 BENNETT, NIGEL	HOLME PIERREPONT	M40	286
149	3:49:38 TURNER, NEIL		M40	535
150	3:49:53 GUIVER, WILLIAM		M OPEN	539
151	3:49:59 MOORE, DAVID	MAIDSTONE HARRIERS	M OPEN	193
152	3:50:01 ALLEN, PETER	BISHOPS STORTFORD RUNNING CLUB	M50	335
153	3:50:45 HEMPSTEAD, BARRY	EASTERN VETS AC	M65	460
154	3:50:47 HEYES, RICHARD	HUNTINGDONSHIRE AC	M45	388
155	3:51:34 HOOD, DAVID	FENLAND RUNNING CLUB	M50	419
156	3:51:45 BUTLER, CHRIS		M40	399
157	3:51:50 PARNELL, BRIAN		M55	371
158	3:51:52 THORNE, SARAH	DUNSTABLE ROAD RUNNERS	F40	135
159	3:51:53 CRESSWELL, STEVE		M OPEN	57
160	3:51:56 LEGGE, JON	SPRINGFIELD STRIDERS	M40	358
161	3:51:56 WILMOT, ANDREW	HALSTEAD ROAD RUNNERS	M60	2
162	3:52:40 BROLLY, CHRIS	BISHOPS STORTFORD RUNNING CLUB	M45	422
163	3:52:47 GODBEE, PETER	SWANLEY AND DISTRICT AC	M55	451
164	3:52:49 SADLER, STEVE		M45	112

165	3:53:05	STOCKS, Adrian	BLACKHEATH & BROMLEY HARRIERS AC	M OPEN	601
166	3:53:11	WATERS, ADRIAN	THANET ROAD RUNNERS AC	M45	91
167	3:53:14	BARTON, PAUL	AMPTHILL AND FLITWICK RUNNERS	M OPEN	479
168	3:53:25	ANDERSON, DUNCAN	BRACKNELL FOREST RUNNERS	M OPEN	453
169	3:53:27	ALEXANDER, STEVE	ST ALBANS STRIDERS	M40	262
170	3:53:29	FRASER, GEMMA		F OPEN	7
171	3:53:43	KOMLOSI, ZOLTAN		M OPEN	288
172	3:54:07	RIVERS, TERRY	HALSTEAD ROAD RUNNERS	M60	442
173	3:54:36	ALLEN, Greg		M45	569
174	3:54:37	CLEGG, ANDY		M OPEN	492
175	3:55:19	EGGLETON, PAUL	DUNSTABLE ROAD RUNNERS	M50	239
176	3:55:32	TUCKER, JOE	CAMBRIDGE & COLERIDGE AC	M50	258
177	3:55:38	MESSER, BRETT		M OPEN	509
178	3:55:38	KIDGELL, WARREN		M OPEN	231
179	3:55:45	GOLDING, NICK		M OPEN	512
180	3:55:47	FLANAGAN, CONOR		M40	152
181	3:55:47	PRASAD, NAOMI	FERC	F OPEN	375
182	3:56:01	MIMMACK, BEN		M OPEN	110
183	3:56:01	LAMBERT, CATHY	ST EDMUND PACERS	F40	465
184	3:56:26	DE BELDER, DANIEL	SERPENTINE RC	M OPEN	268
185	3:56:32	RICKARD, JOHN	CASTLE POINT JOGGERS	M50	387
186	3:56:40	WALLEN, BRIGID	WITHAM RUNNING CLUB	F45	289
187	3:56:52	RAYMEN, GLYN JAMES	LEIGHTON FUNRUNNERS	M OPEN	536
188	3:57:07	WALNE, JASON		M OPEN	59
189	3:57:11	CHEN, JENNY		F35	530
190	3:57:35	SHYNN, SARAH	DUNSTABLE ROAD RUNNERS	F35	592
191	3:57:50	SMITH, ANDREW	GRANGE FARM & DUNMOW RUNNERS	M40	401
192	3:57:54	FARREN, PATRICK	EAST LONDON RUNNERS	M45	211
193	3:58:04	SHRIEVER, Paul		M OPEN	599
194	3:58:06	ALLEN, JEREMY		M OPEN	53
195	3:58:15	BAUDRY, DENYS	GARDEN CITY RUNNERS	M55	114
196	3:58:26	ANDERSSON, CRAIG		M50	428
197	3:58:35	EVANS, STUART	EAST LONDON TRIATHLETES	M40	141
198	3:58:39	SHOTBOLT, Adrian	DUNSTABLE ROAD RUNNERS	M OPEN	579
199	3:58:41	HWANG, IKJOO	ST NEOTS RIVERSIDE RUNNERS	M45	522
200	3:58:45	WYATT, Darren		M OPEN	593
201	3:58:50	GOODWIN, DAVID	SANDWELL VALLEY RC	M40	204
202	3:58:50	RICHARDS, PAUL	SANDWELL VALLEY RC	M40	203
203	3:59:23	TWEEDIE, CLIVE	HAVERING 90 JOGGERS	M55	234
204	3:59:47	ELAND, CHRIS		M40	328
205	3:59:50	VELLA, CARL		M OPEN	76
206	4:00:00	SUTHERLAND, FIONA	BISHOPS STORTFORD RUNNING CLUB	F50	432
207	4:00:07	BROCKINGTON, Tim	SPRINGFIELD STRIDERS	M50	566
208	4:00:08	HAWKER, STEVE		M OPEN	489
209	4:00:15	KING, PETER		M40	118
210	4:00:18	RUTTER, SIMON		M OPEN	51
211	4:00:30	BLACKWELL, PAUL	GREAT BENTLEY RUNNING CLUB	M40	485
212	4:00:59	IRVING, VINETTE		F40	519
213	4:01:16	BROOKSHAW, PAUL	GT YARMOUTH ROAD RUNNERS	M45	9
214	4:01:37	SCHMIDT, Kristana		F40	556
215	4:01:46	WAKEFORD, STEPHEN	DEAL TRI	M50	63
216	4:02:42	STANFORD, IAN		M OPEN	406
217	4:02:46	THOMAS, KATE	HARWICH RUNNERS	F40	345
218	4:02:59	WILLIAMSON, STEVEN		M45	54
219	4:03:58	TURNER, KATE	FVS TRI	F OPEN	60

220	4:04:06	MEECHAM, SIMON	IPSWICH JAFFA RC	M OPEN	245
221	4:04:07	NEWENS, JO		F35	373
222	4:04:20	RICH, COLIN		M40	378
223	4:04:24	KNIGHT, JASON	LARKFIELD AC	M OPEN	47
224	4:04:25	HUDSON, PAUL	MPAA	M40	226
225	4:04:27	BIGGS, ROGER	100 MARATHON CLUB	M60	594
226	4:04:32	MUNDY, JIM	SUTTON RUNNERS	M55	295
227	4:04:40	MCKEOWN, BARRY		M OPEN	136
228	4:04:55	DALEY, RICHARD		M OPEN	336
229	4:04:58	TRENNERY, STEVE		M40	84
			BUNGAY BLACK DOG RUNNING CLUB	F50	38
230	4:05:22	SAUERZAPF, BOBBIE		F50	547
231	4:05:35	HILL, Janet	SPRINGFIELD STRIDERS		
			BISHOPS STORTFORD RUNNING CLUB	M50	344
232	4:05:49	STATTER, GRAHAM		M50	341
233	4:06:07	LADLEY, KEVIN	SWANLEY AND DISTRICT AC	M60	364
234	4:06:32	SAVAGE, MALCOLM	SPRINGFIELD STRIDERS	M45	377
235	4:06:38	WIEGAND, PAUL	FENLAND RUNNING CLUB	M45	425
236	4:06:50	PARRY, AL	GARDEN CITY RUNNERS	M45	11
237	4:06:59	MCGINN, JOHN		M45	102
238	4:07:09	TINKER, ANDREW		M40	400
239	4:07:27	SMITH, GERRARD		F OPEN	24
240	4:07:29	SNOW, NATALIE	FORD FITNESS	F35	83
241	4:07:30	GORDON, CLAIRE	WITHAM RUNNING CLUB	M40	595
242	4:07:45	GAYLE, Everton	EAST LONDON TRIATHLETES	M40	28
243	4:08:09	SYKES, BERNARD		F50	142
244	4:08:15	BULEY, RONA	EASTLEIGH RUNNING CLUB	M OPEN	311
245	4:08:30	JENSEN, MORTEN SOLFJELD		M40	23
246	4:08:31	DODD, ANDREW	ORION HARRIERS	F40	487
247	4:09:14	LITTLER, JANINE	HORSHAM JOGGERS	M OPEN	74
248	4:09:16	ST PIERRE, JAMES		F OPEN	190
249	4:09:35	INGLIS, CHLOE		M OPEN	501
250	4:09:45	CLARK, ROBIN			
			NORTH NORFOLK BEACH RUNNERS	M50	4
251	4:10:00	SHEPPARD, GUY		M OPEN	424
252	4:10:43	JOSEFSSON, MARTIN OLOF		M OPEN	423
253	4:11:08	WHITE, PAUL		M OPEN	607
254	4:11:10	FYALL, Stuart			
			BLACKHEATH & BROMLEY HARRIERS AC	M45	43
255	4:11:34	ROGERS, PETER		M45	134
256	4:11:53	SMITH, ANDREW		F35	66
257	4:12:07	SWAYSLAND, SARAH	ROAD RUNNERS CLUB	M50	67
258	4:12:08	BARNES, ANDY	ROAD RUNNERS CLUB	F OPEN	173
259	4:12:46	JOHNSTONE, MELANIE	COLLINGWOOD AC	M OPEN	568
260	4:13:16	STOKES, Paul		M OPEN	319
261	4:13:33	SMITH, PHILIP		M60	195
262	4:13:53	LITTLE, GINA	100 MARATHON CLUB	M55	165
263	4:13:54	KELLY, GARY	BUCKINGHAM & STOWE	M OPEN	379
264	4:14:02	HULL, DARRAN	SPRINGFIELD STRIDERS	M45	563
265	4:14:03	HOUGHTON-WALSH, Kenneth		F45	549
266	4:14:12	RAVEH, Terry Barbara	PADDOCK WOOD AC	M40	184
267	4:15:08	JONES, JON		M50	386
268	4:15:18	HEAPY, CHRISTOPHER	HAVERING 90 JOGGERS	F40	591
269	4:15:22	BURN, Mandy	HAVERHILL RUNNING CLUB	M45	240
270	4:15:26	READ, SIMON	DEAL TRI	M OPEN	77
271	4:16:22	STROUD, ANDREW	SPRINGFIELD STRIDERS	M45	284
272	4:16:28	RAYNER, PAUL	HUNTINGDONSHIRE AC	M OPEN	21
273	4:16:30	GAME, BARRY		M55	229
274	4:16:32	WILLETT, MICHAEL		M60	290
275	4:16:39	MCDONNELL, CHRIS	HAVERING 90 JOGGERS		

276	4:16:44	HITCHENS, NICK		M40	186
277	4:16:53	SANDERS, GRAHAM	BEARBROOK JOGGERS	M60	159
278	4:17:00	ALSWORTH, MICHAEL	100 MARATHON CLUB	M55	524
279	4:17:42	GODUN, OLEH		M OPEN	407
280	4:18:11	FURMINGER, ELLIOTT		M OPEN	299
281	4:18:15	COLBERT, SARAH	SPRINGFIELD STRIDERS	F35	365
282	4:18:25	BLAKE, WENDY		F35	175
283	4:18:54	HARRIS, CHRIS		M OPEN	435
284	4:19:05	DUDMAN, RICHARD		M OPEN	412
285	4:19:18	FERRETTI, SARAH		F OPEN	589
286	4:19:22	KEEVIL, RAYMOND	BRANDON FERN HOPPERS	M65	80
287	4:19:28	VALENTINE, CHARLEY		F OPEN	103
288	4:19:36	OLIVER, RUSSELL		M50	389
289	4:19:43	MOSELEY, BRETT		M OPEN	499
290	4:20:00	GEATER, DARREN		M OPEN	250
291	4:20:35	MANSFIELD, CHRISTOPHER	HAVERING 90 JOGGERS	M45	307
292	4:20:36	MACKAY, HEATHER	26.2 RRC	F OPEN	19
293	4:20:36	FINN, ANNA	VEGAN RUNNERS UK	F OPEN	17
294	4:21:00	NOONE, THERA		F35	14
295	4:21:07	HANNEY, KEVIN		M50	55
296	4:21:39	KELSEY, DAVID	DUNMOW AND GRANGE FARM RUNNERS	M45	415
297	4:21:58	KING, DOUG		M40	94
298	4:22:00	WATSON, RICHARD	BEDFORD HARRIERS	M40	414
299	4:22:09	HERRING, MICHAEL		M40	206
300	4:22:30	KENNY, BARRY		M45	391
301	4:22:42	NEWENS, MARK		M OPEN	372
302	4:22:54	FOX, MARK		M OPEN	354
303	4:23:19	TATHAM, JO	CHINGFORD ORION HARRIERS	F50	116
304	4:23:22	CAREY, STEPHEN	PEWSEY VALE	M OPEN	161
305	4:23:25	POPOVAC, ZORAN		M40	494
306	4:23:48	COPE, WENDY	DUNSTABLE ROAD RUNNERS	F45	305
307	4:23:50	SPARROW, PAUL		M40	265
308	4:23:52	HALL, ANITA	DUNSTABLE ROAD RUNNERS	F40	313
309	4:24:05	SMITH, WAYNE		M OPEN	78
310	4:25:22	WARRINGTON, NIGEL	DUDLEY KINGSWINFORD RC	M50	148
311	4:25:54	FARRELL, PAUL		M40	13
312	4:26:21	OWEN, ROY	HAVERHILL RUNNING CLUB	M60	42
313	4:26:28	MAY, MARION	WITHAM RUNNING CLUB	F45	417
314	4:26:51	BUSH, MARTIN	100 MARATHON CLUB	M50	384
315	4:27:02	BIRD, MICHAEL		M OPEN	126
316	4:27:23	MCKEVER, Gill		F40	585
317	4:27:23	TOVEY, Gill		F40	584
318	4:27:49	SANDERS, MARK	100 MARATHON CLUB	M45	153
319	4:27:50	CHERRY, ADRIAN		M40	376
320	4:28:50	JONES, JUSTIN		M OPEN	244
321	4:29:27	LEONARD, PADDY		M OPEN	108
322	4:29:28	MARRIOTT, CATHERINE	RSPB STAFF ASSOCIATION GRANGE FARM & DUNMOW RUNNERS	F50	475
323	4:29:42	ROWNTREE, TIM		M50	283
324	4:29:50	THOM, LAURA	WESTBURY HARRIERS	F OPEN	214
325	4:29:52	ARUNDELL, JOHN	WERRINGTON JOGGERS	M45	8
326	4:29:53	SCOTT, DAVID	THRIFT GREEN TROTTERS	M45	227
327	4:30:10	MORRIS, PETER	100 MARATHON CLUB	M50	385
328	4:30:52	RISLEY-DUHRSEN, THOMAS		M OPEN	271
329	4:31:04	CURLEY, DAVE		M50	48
330	4:31:17	FULLBROOK, RICHARD	100 MARATHON CLUB	M40	241
331	4:31:18	PETTEY, ALISTAIR		M OPEN	513
332	4:31:40	WILLIAMS, ANDY		M OPEN	302
333	4:32:35	BEARD, RAYMOND		M45	30

334	4:32:44	KELLY, DAMIAN		M OPEN	421
335	4:32:52	GREENHAM, David	HAVERHILL RUNNING CLUB	M55	580
336	4:32:53	DOBIE, RONALD		M45	540
337	4:33:01	RIXON, DAVID		M60	436
338	4:33:04	POGOSE, ROBERT		M OPEN	394
339	4:33:28	HASLER, Andrew		M40	552
340	4:34:17	MACAULAY, SHEILA	SPRINGFIELD STRIDERS	F50	450
341	4:34:22	PENFOLD, EMMA	ISTEAD & IFIELD HARRIERS	F35	185
342	4:34:51	MILLER, MICHAEL		M40	426
			GRANGE FARM & DUNMOW		
			RUNNERS		
343	4:34:52	ROWNTREE, KAREN		F45	285
344	4:35:07	HAZELDEN, DAVID		M45	64
345	4:35:28	HOPEGOOD, JAMES	WITHAM RUNNING CLUB	M40	179
346	4:35:33	DUNK, NICK	UKNETRUNNER	M OPEN	263
347	4:35:41	WARREN, BRAD		M OPEN	411
348	4:35:46	RAMSAY, SAM		F40	478
349	4:35:50	FOX, DAVID	BENFLEET RUNNING CLUB	M55	339
350	4:36:02	KAY, DANNY	100 MARATHON CLUB	M65	541
351	4:36:03	LONGWORTH, COLIN	100 MARATHON CLUB	M55	247
352	4:36:28	HOWES, PAULINE	ROAD RUNNERS CLUB	F50	356
353	4:36:41	HLYNSSON, HANS		M OPEN	300
354	4:37:05	SARLING, ANDREW		M OPEN	88
355	4:37:06	SIME, ANDREW		M OPEN	79
356	4:37:10	MILLER, STEVIE		F40	254
357	4:37:10	GRAY, KAREN		F40	255
358	4:37:18	FITZPATRICK, KIERAN	STOPSLEY STRIDERS	M40	433
359	4:37:21	NEWMAN, MARK		M OPEN	416
360	4:38:06	WALLER, STEWART	WITHAM RUNNING CLUB	M60	458
361	4:38:50	DIXON, PAUL		M40	256
362	4:40:08	BANNERMAN, IAN		M OPEN	196
363	4:40:38	WILLIAMS, JOHN	100 MARATHON CLUB	M65	3
364	4:40:59	ILES, STEPHEN		M45	280
365	4:41:03	BAKER, PATSY	THAME RUNNING	F45	157
366	4:41:04	PLATER, CAROL ANN	100 MARATHON CLUB	F45	146
367	4:41:27	GREEN, DANIEL		M40	473
368	4:42:28	BERTRAM, JACK		M OPEN	348
369	4:42:38	DOLDEN, GERRY	TIPTREE ROAD RUNNERS	M45	403
370	4:42:39	NEIL, KEVAN		M50	93
371	4:42:43	HILLS, KAREN	COCO	F45	133
372	4:42:48	FITZGERALD, JARLATH		M40	273
373	4:43:40	WEITZ, VICKI		F OPEN	493
374	4:43:54	DELDERFIELD, DIANE	BURGESS HILL RUNNERS	F50	510
375	4:44:00	GREENWOOD, JANE	FENLAND RUNNING CLUB	F50	374
376	4:44:25	BARNARD, JOHN		M40	120
377	4:44:52	STERRY, NIGEL		M40	45
378	4:44:55	ASHLEY, PHILIP	BENFLEET RUNNING CLUB	M45	496
379	4:44:55	MACMILLAN, ROBERT	BENFLEET RUNNING CLUB	M40	31
380	4:45:41	MARSH, KERRY-ANNE	SPRINGFIELD STRIDERS	F OPEN	382
381	4:45:42	BRAGG, SIMON		M40	72
382	4:46:42	FILBY, JACQUELINE	WITHAM RUNNING CLUB	F45	405
383	4:46:58	MURPHY, DEAN		M OPEN	507
384	4:47:03	MULVIHILL, PETER		M50	515
385	4:47:36	WING, JULIE	MAIDSTONE HARRIERS	F50	455
386	4:48:27	EDWARDS, NICKI		F35	82
387	4:48:43	NEWLANDS, CHARLOTTE		M OPEN	342
388	4:49:35	KERSEY, ADRIAN		M40	437
389	4:49:55	WOOLNOUGH, NICK		M40	461
390	4:50:25	CLARKE, PENNY	WITHAM RUNNING CLUB	F45	396
391	4:51:33	WALSH, Ken		M65	558
392	4:52:02	BURGESS, ANDREW	MAIDSTONE HARRIERS	M40	337

393	4:52:15	FIDDY, HOWIE		M40	101
394	4:52:37	DENHAM-SMITH, SUSAN	KESWICK AC	F40	308
395	4:53:05	ALTON, SPENCER		M40	446
396	4:53:16	WILSON, ALAN		M60	395
397	4:53:31	GARNER, IMOGEN			49
398	4:53:32	NORWOOD, CAROL		F50	10
399	4:53:47	FARTHING, DAVID	FAIRLANDS VALLEY SPARTANS	M40	182
400	4:53:52	JONES, KEN		M55	467
401	4:53:56	BRYAN, LINDA		F50	147
402	4:54:26	PHIPPS, CATRIONA	SERPENTINE RC	F OPEN	574
403	4:54:52	GRIDLEY, DAVID	HAVERING 90 JOGGERS	M40	315
404	4:54:57	QIU, JUN		M OPEN	122
405	4:54:58	WATSON, PETER JOHN	BENFLEET RUNNING CLUB	M OPEN	237
406	4:55:00	PEGRAM, STEVE		M45	500
407	4:55:40	HART, MIRANDA		F50	246
408	4:55:45	LAPPER, ALISON	MPAC	F35	85
409	4:55:45	LOVATT, ELLEN	METROPOLITAN POLICE AA	F OPEN	87
410	4:55:49	TATEM, LISA	SHELTON STRIDERS	F40	205
411	4:56:34	SIMPSON, RICHARD	FLEET AND CROOKHAM AC	M60	444
412	4:57:00	KERRY, PATRICK	HALSTEAD ROAD RUNNERS	M40	317
413	4:57:05	BHAKAR, SURINDER SINGH		M45	439
414	4:57:53	MURCUTT, SCOTT		M OPEN	516
415	4:58:05	HUMPOLETZ, CHARLES		M50	332
416	4:58:15	PAUL, CAROL	100 MARATHON CLUB	F45	340
417	4:58:36	BLAKE, IAN		M55	466
418	4:59:22	HURRELL, KAREN	ROAD RUNNERS CLUB	F45	52
419	4:59:47	WAYNE, MONIQUE		F40	75
420	5:00:34	SCRIVENER, KEITH	GREAT BENTLEY RUNNING CLUB	M65	409
421	5:01:08	BROOKS, ARTHUR	ST ALBANS STRIDERS	M55	221
422	5:01:08	WATTS, Paul		M40	565
423	5:01:09	GRISS, TREVOR		M OPEN	44
424	5:01:51	WRIGHT, BARNABAS		M OPEN	498
425	5:02:06	MAPES, NEIL		M OPEN	132
426	5:02:07	STEWART, RONNIE		M OPEN	131
427	5:03:13	MOLES, DAVE	100 MARATHON CLUB	M55	346
428	5:03:14	JOHNSON, ANDREW		M OPEN	217
429	5:03:17	PENFOLD, KEITH	HAVERING 90 JOGGERS	M55	281
430	5:03:49	WILLIAMS, RITA	WARE JOGGERS	F50	155
431	5:04:00	NORTHEAST, LAURA		F OPEN	532
432	5:04:16	SULLIVAN, BARRY		M45	113
433	5:04:27	CALLISTE, Gillian	ISTEAD & IFIELD HARRIERS	F45	573
434	5:04:44	ROLFE, STEVEN		M OPEN	472
435	5:04:54	RADDAN, MARK	KPMG RUNNING CLUB	M OPEN	434
436	5:06:08	HANN, KEVIN	REDHILL DISTRICT ROYAL MAIL RC	M40	483
437	5:10:32	REYES, SANDRA	LAKENHEATH	F OPEN	505
438	5:11:02	DA SILVA, SELINA	100 MARATHON CLUB	F50	197
439	5:12:35	BURRELL, ALAN		M40	178
440	5:14:50	MOSES, NEIL	HAVERING 90 JOGGERS	M45	282
441	5:16:30	MCNULTY, AARON		M OPEN	502
442	5:16:39	KEMPSTER, GRAHAM		M OPEN	449
443	5:16:39	CULLING, ADAM		M OPEN	452
444	5:17:15	DROZARIO, Warren	SANDWELL VALLEY RC	M50	546
445	5:17:15	WILSON, ROBIN H	100 MARATHON CLUB	M65	459
446	5:19:47	BURNS, PETER	WITHAM RUNNING CLUB	M60	1
447	5:23:57	GEORGE, TRACEY	DAGENHAM 88 RUNNERS	F40	145
448	5:23:57	BENZIMRA, RUTH	100 MARATHON CLUB	F40	99
449	5:24:45	WILENCZYC, STEFAN		M50	73
450	5:25:35	WILKIE, THOMAS		M55	361

451	5:27:28	EDWARDS, DAVE		M OPEN	56
452	5:30:43	EASTER, JULIA	GOYT VALLEY STRIDERS	F40	32
453	5:32:05	ROBERTSON, SUE		F OPEN	18
454	5:34:35	JOHNSON, KIRK	EAST LONDON RUNNERS	M40	527
455	5:35:05	BROWN, Andrew		M40	572
456	5:37:06	LAFOSSE, STEPHANE	HALSTEAD ROAD RUNNERS	M45	321
457	5:39:24	REEVE, PETER	GREAT BENTLEY RUNNING CLUB	M45	201
458	5:40:42	HARVEY, Paul		M OPEN	559
459	5:41:29	RAHIM, Ziyad		M OPEN	606
460	5:44:06	GAMBLE, MARY	LAKENHEATH	F45	347
461	6:00:20	PERERA, SHAN		M40	306
462	6:17:16	TUCKER, Roy	SPRINGFIELD STRIDERS	M45	551
463	6:20:28	JACK, BOB	BUNGAY BLACK DOG RUNNING CLUB	M45	314