

# Monthly Update – September 2008

Welcome to the September update on our revised club competitions. There were only two nominated races in September and details of the scoring in each event are detailed below.

The first nominated race was in fact any September Marathon. Members could run as many marathons as they wanted in September, with each race counting towards the Handicap and Age-Graded Competitions, but only their best time counting towards the Club Championship.

There were actually six different marathons run by members in September, with a good number of air miles being accumulated.

<b>Moray Marathon - Sunday, 7<sup>th</sup> September 2008</b>							
Member	Time	Place	Championship Points	Handicap		Age-Graded	
				Nett Time	Points	%	Points
Steve Cooney	3.22.24	28	n/a	-9.54	1	62.83	2
Mel Johnstone	3.44.12	61	n/a	-53.35	2	61.93	1
		129 finished					

Steve and Mel travelled to Scotland to run strong times at the Moray Marathon. Mel produced another 'good-for-age' time for the London Marathon, guaranteeing an entry in 2010. She took two points from Steve in the Handicap as it was her best time for a while and was only narrowly beaten by Steve in the Age-Graded Competition.

<b>Kent Coastal Marathon - Sunday, 7<sup>th</sup> September 2008</b>							
Member	Time	Place	Championship Points	Handicap		Age-Graded	
				Nett Time	Points	%	Points
Allan Rumbles	3.57.40	96	n/a	-25.56	1	54.26	1
		196 finished					

Andy was unable to compete in Margate due to an injury, so Allan was the only Collingwood runner. However, Andy recovered enough to be the only runner in Nottingham the following week.

## Robin Hood Marathon - Sunday, 14<sup>th</sup> September 2008

Member	Time	Place	Championship Points	Handicap		Age-Graded	
				Nett Time	Points	%	Points
Andy Stalley	3.26.44	167	n/a	-20.07	1	64.20	1
		1128 finished					

## Maui Marathon - Sunday, 14<sup>th</sup> September 2008

Member	Time	Place	Championship Points	Handicap		Age-Graded	
				Nett Time	Points	%	Points
Tom Wilkie	4.16.21	184	n/a	-93.28	3	56.46	2
Rob Wilson	5.02.52	401	n/a	-53.52	2	58.45	3
Kate Knight	6.59.58	741	n/a	18.28	1	36.29	1
		810 finished					

The globetrotting Collingwood trio completed the Maui Marathon. Tom's time was a big improvement over recent marathons, so scored top marks in the Handicap, with Rob again performing well for his age and taking top mark in the Age-Graded Competition.

## Chiltern Marathon (off-road) - Sunday, 14<sup>th</sup> September 2008

Member	Time	Place	Championship Points	Handicap		Age-Graded	
				Nett Time	Points	%	Points
Steve Cooney	5.23.00	?	n/a	1.32.00	1	39.37	1
Allan Rumbles	5.23.00	?	n/a	0.36.00	2	39.92	2
		? finished					

The Chiltern Marathon was off-road and the handicap times were calculated using recent off-road marathon times. Allan took the two points in the Age-Graded Competition due to being a little older than Steve.

<b>New Forest Marathon - Sunday, 21<sup>st</sup> September 2008</b>							
<b>Member</b>	<b>Time</b>	<b>Place</b>	<b>Championship Points</b>	<b>Handicap</b>		<b>Age-Graded</b>	
				<b>Nett Time</b>	<b>Points</b>	<b>%</b>	<b>Points</b>
Steve Cooney	3.25.24	57	n/a	-9.18	2	61.92	3
Andy Stalley	3.25.43	60	n/a	-16.29	3	64.52	4
Allan Rumbles	3.46.40	167	n/a	-23.15	4	56.90	2
Mel Johnstone	4.17.25	323	n/a	-5.09	1	53.94	1
		491 finished					

All four runners in the New Forest ran faster than their handicap times, with Allan showing the most improvement to secure the four points. For the second race running, Steve lost out in the Age-Graded Competition as he was younger than, in this case, Andy.

The Championship points for the September Marathon were decided by the best time in the month, so Steve collected 40 points.

<b>September Marathon Championship Points</b>		
<b>Member</b>	<b>Best Time</b>	<b>Championship Points</b>
Steve Cooney	3.22.24	40
Andy Stalley	3.25.43	39
Mel Johnstone	3.44.12	38
Allan Rumbles	3.46.40	37
Tom Wilkie	4.16.21	36
Rob Wilson	5.02.52	35
Kate Knight	6.59.58	34

## Switchback 5 - Sunday, 28<sup>th</sup> September 2008

Member	Time	Place	Championship Points	Handicap		Age-Graded	
				Nett Time	Points	%	Points
Martin Lloyd	35.54	35	40	0.34	2	65.21	2
John Allen	46.07	76	39	1.27	1	57.33	1
		87 finished					

The second nominated race in September was the Switchback 5, which replaced the cancelled Horton Country Park Relay race in August.

Martin took the points in all three competitions from John.

## Club Championship Tables – September 2008

Position	Member	Total Points	Eligible races completed				Championship Points Total
			8 +	Long	Medium	Short	
1	Andy Stalley	464	Y	Y	Y	Y	389
2	Steve Cooney	352	Y	Y	Y	Y	352
3	Tom Wilkie	286	Y	Y	Y	Y	286
4	Martin Lloyd	416	Y		Y	Y	0
5	Keith Dunning	279			Y	Y	0
6	John Allen	212			Y	Y	0
7	Nigel Pointer	149			Y	Y	0
8	Andy Flett	120			Y	Y	0
9	Rob Wilson	108		Y	Y		0
10	Doug White	105			Y		0
11	Allan Rumbles	76		Y		Y	0
12	David Johnson	39			Y		0
= 13	Ben Cady	38			Y		0
= 13	James Dunning	38				Y	0
14	Andrew Griffin	36				Y	0
15	Graham Humphris	35			Y		0

1	Nicola Dicks	434	Y	Y	Y	Y	329
2	Lisa Shennan	236			Y	Y	0
3	Kate Knight	201		Y	Y	Y	0
4	Mel Johnstone	105		Y		Y	0
5	Ruth Cottam	32				Y	0

Andy and Nicola were joined by Steve and Tom as the only members to score points in the Championship having completed the minimum of eight races and at least one each over the three distances. Andy and Nicola retained their leads from August.

With a number of members close to eight races and one distance away from the set, then places will change as more members score Championship scores. Martin and Keith only need to complete either of the remaining 10 mile races to achieve a score.

Steve has only nine scores in the Championship, another good result in one more nominated race should take him into first place. But Martin and Keith are equally likely to be pushing for first place in the near future.

## Club Handicap Tables – August 2008

Position	Member	Points Total
1	Andy Stalley	81
=2	Martin Lloyd	56
=2	Steve Cooney	56
4	Keith Dunning	50
5	Tom Wilkie	35
= 6	Nigel Pointer	29
= 6	John Allen	29
8	Doug White	28
9	Rob Wilson	11
= 10	Andy Flett	10
= 10	Andrew Griffin	10
= 10	Allan Rumbles	10
12	Ben Cady	8
13	David Johnson	7
15	James Dunning	4
16	Graham Humphris	3

1	Nicola Dicks	43
2	Lisa Shennan	20
3	Mel Johnstone	14
4	Kate Knight	12
5	Ruth Cottam	5

Andy and Nicola retain their leads.

Martin, Steve and Keith are all closing in on first place.

## Age-Graded Tables – August 2008

Position	Member	Points Total
1	Andy Stalley	77
2	Martin Lloyd	74
3	Keith Dunning	60
4	Steve Cooney	56
5	Nigel Pointer	31
= 6	John Allen	25
= 6	Tom Wilkie	25
8	Andy Flett	21
9	Rob Wilson	20
10	Doug White	13
=11	Andrew Griffin	9
=11	David Johnson	9
13	Allan Rumbles	8
14	Ben Cady	7
15	James Dunning	4
16	Graham Humphris	1

1	Nicola Dicks	42
2	Lisa Shennan	14
3	Kate Knight	12
4	Mel Johnstone	11
5	Ruth Cottam	2

Nicola has a comfortable lead over Lisa.

Andy has opened a slight gap over Martin, with Keith and Steve both closing in on the lead. However, Martin, Steve and Keith should all be pushing for first place after the October races.