

Monthly Update

March 2009 – Week 4

Welcome to the last weekly update for the the last month of our revised club competitions for the 2008/2009 year. The 97th Banstead Woods Time Trial was the last race in all competitions and confirmed the last two competition winners.

Banstead Woods Time Trial – No.97							
Saturday, 28 th March 2009							
Member	Time	Place	Championship Points	Handicap		Age-Graded	
				Nett Time	Points	%	Points
Steve Cooney	19.50	8	n/a	0.12	3	68.32	8
Bill Walsh	20.33	12	n/a	-0.16	7	69.51	9
Andy Stalley	20.57	17	n/a	0.07	4	67.14	7
Shaun Cooney	21.02	19	n/a	-0.08	5	62.36	5
Martin Lloyd	22.58	31	n/a	2.20	1	63.72	6
Doug White	25.40	54	n/a	0.27	2	61.43	4
Ruth Cottam	26.03	59	n/a	-0.15	6	60.20	3
Alison Fox	27.15	68	n/a	-1.53	8	58.04	2
Kate Knight	33.44	98	n/a	-2.13	9	49.56	1
		103 finished					

Kate and Alison both were well inside their times for recent BWTTs and took the top points in the Handicap Competition. Bill was the fastest in the Age-Graded Competition.

Points in the Club Championship are awarded according to the member's fastest time in any of the four March Banstead Woods Time Trials. Steve's consistency ensured the 40 points were his. The scoring details are contained in the following table.

Club Championship Points
March's Banstead Wood Time Trial

Member	1st Race	2nd Race	3rd Race	4th Race	Championship Points
Steve Cooney	19.36	19.49	19.26	19.50	40
Martin Lloyd	20.24	21.25	20.04	22.58	39
Andy Stalley	20.57	21.10	20.24	20.57	38
Bill Walsh				20.33	37
Shaun Cooney			21.45	21.02	36
Nicola Dicks		22.10			35
Nigel Pointer		22.35	22.19		34
Ray Sullivan			22.34		33
Graham Humphris		23.15			32
Doug White	25.18			25.40	31
Ruth Cottam	26.38		25.37	26.03	30
Dave Quickenden	27.07	26.48			29
Alison Fox			27.20	27.15	28
Lisa Shennan		29.55			27
Kate Knight	38.00	35.21	34.29	33.44	26
Gill Stalley			38.15		25

Club Championship Final Results Female Members

Only two women completed the four necessary conditions to score a Championship Score. Nicola led from start to finish, with Kate overtaking Lisa to finish second.

1st	Nicola Dicks	372 points
2 nd	Kate Knight	358

Club Championship Final Results Male Members

Eight men completed the four necessary conditions to score a Championship Score. Andy led the Championship for several months, to be overtaken by Steve and eventually by Keith who nearly achieved the maximum 400 points.

1st	Keith Dunning	399 points
2 nd	Martin Lloyd	394
3 rd	Steve Cooney	394
4 th	Andy Stalley	392
5 th	Nigel Pointer	376
6 th	John Allen	371
7 th	Doug White	311
8 th	Tom Wilkie	286

Martin takes second place due to the tie break conditions, having scored 154 points to Steve's 116 at the four cross country league events.

Club Handicap Competition Final Results Female Members

The tightest competition going into the last two races with Kate just a point ahead of Nicola, but two strong races saw Kate win by a safe nineteen points.

1st	Kate Knight	93 points
2 nd	Nicola Dicks	74

Club Handicap Competition Final Results Male Members

This ended as the closest result, still in doubt until the last race.

1st	Martin Lloyd	135 points
2 nd	Andy Stalley	126

Club Age-Graded Competition Final Results Female Members

Nicola led from start to finish, but Ruth overtook Kate for second place by a single point in the last race.

1st	Nicola Dicks	64 points
2 nd	Ruth Cottam	39
3 rd	Kate Knight	38

Club Age-Graded Competition Final Results Male Members

Andy started well but Martin finished stronger and ran away with the title.

1st	Martin Lloyd	181 points
2 nd	Andy Stalley	134
3 rd	Steve Cooney	117